

The Role of Family Function in Locus of Control of Adolescent Girls in Isfahan

Zakieh Nikzad ¹, Mahrokh Keshvari ^{2,*}, Ziba Farajzadehgan ³

¹ MSc, Department of Nursing, School of Nursing and Midwifery, Isfahan University of Medical Sciences, Isfahan, Iran

² Assistant Professor, Department of Community Health Nursing, School of Nursing and Midwifery, Isfahan University of Medical Sciences, Isfahan, Iran

³ Associate Professor, Department of Community Medicine, Isfahan University of Medical Sciences and Health Services, Isfahan, Iran

* **Corresponding author:** Mahrokh Keshvari, Assistant Professor, Department of Community Health Nursing, School of Nursing and Midwifery, Isfahan University of Medical Sciences, Isfahan, Iran. E mail: keshvari@med.mui.ac.ir

Received: 28 May 2017

Accepted: 11 Jun 2017

Abstract

Introduction: Family is one of the most important elements to form human's personality. Source or locus of control is a personality characteristic which has an important influence on an individual's behavior, as well as on the formation and capacity of human to control conditions and environmental events. The purpose of this study was to investigate the role of family function in locus of control of adolescent girls in Isfahan city.

Methods: This was a descriptive-correlational study. For this purpose, 355 high school female students studying in first and second grades during 2014-2015 in Isfahan city were selected by multi-step cluster random sampling. Data were collected by demographic characteristics questionnaire, family assessment devices (FAD) and Levenson multidimensional locus of control. The reliability was approved base on similar studies for family assessment devices (Cronbach's alpha = 0.93), and multi-dimensional locus of control by Kuder-Richardson formula 20 (KR-20) for dimension of Internal (I), Powerful Others (P) and Chance (C) were 0.52, 0.71 and 0.68, respectively.

Results: Multiple regression analysis showed that between family function dimensions, there were predictive roles for emotional responses ($B = -2.44$, $P = 0.03$) and role ($B = 2.49$, $P = 0.03$) for internal control. Family function dimensions did not have any predictive role for external control score.

Conclusions: The results indicated that family function had an average role in majority of subjects and amongst all the dimensions, control of behavior, emotional responses and role had a better performance.

Keywords: Adolescents, Family, Locus of Control, Family Function